



CPNB's Position on use of psychometric testing and prevention of misuse

The practice of psychology in New Brunswick is regulated by the Psychologists Act of 2017, the CPNB Bylaws and rules, and the CPNB Code of Conduct.

The Act states that *“persons whose names are not entered in the register, temporary register, or specialists register shall not practice psychology or practice as psychologists or hold themselves out as a psychologist in the Province...”*. The practice of psychology is defined in the Act as *“care and treatment rendered to individuals, families, groups, systems, or organizations and consists of, but is not limited to, the application of empirically based psychological practice, including: (a) evaluation and assessment procedures, including psychological and psychometric testing, for the identification and diagnosis of psychological or mental disorders...”* Thus, the Act states that only CPNB-licensed psychologists should be engaging in the act of psychological and psychometric testing for the identification and diagnosis of psychological, neurodevelopmental, or mental disorders in New Brunswick.

Furthermore, CPNB-licensed psychologists obtain psychometric tests by purchasing them from companies that are releasing these tests based on the psychologists' training and credentials. The CPNB Code of Conduct states that the *“psychologist shall protect the security of tests and respect test copyright...Test material, such as test questions and stimuli, manuals and protocols should not be released unless expressly ordered by a court of competent jurisdiction within the province of New Brunswick...The psychologist shall not delegate professional responsibilities to a person not appropriately credentialed or otherwise appropriately qualified to provide such services.”*

Psychological services, such as psychometric testing for diagnostic purposes, should only be undertaken by CPNB-licensed psychologists. These members may in turn assign such tasks to interim members of CPNB working under supervision, or to graduate students or other properly-trained individuals working under their close and immediate supervision.